

6th Grade Curriculum and Learning Objectives

Draw the Line, Respect the Line

Draw the Line, Respect the Line is a pregnancy prevention program. sixth grade focuses on identifying and establishing personal limits (“drawing the line”), responding to peer pressure, and respecting other people’s boundaries. Students learn a 4-step refusal process and then practice that process in a number of role plays. Sixth graders have two short homework assignments that involve interviewing a grown up at home, and those assignments are used in class discussions. Students think about their personal limits by identifying healthy and unhealthy behaviors.

Learning Objectives:

6.HGD.5 Identify parents or other trusted adults to whom you can ask questions about puberty and adolescent health issues.

6.HGD.8 Identify the difference between abstinence and risk behaviors and why abstinence is the responsible and preferred choice for adolescence.

6.HGD.15 Describe healthy and respectful ways to express friendship, attraction, and affection.

6.HGD.16 Identify that there are individual, family, and cultural differences in relationships.

6.HGD.17 Analyze how messages from media influence relationships.

Lessons

- Lesson 1: introduces the concept of what it means to “draw the Line.” Activities encourage youth to personalize this concept.
- Lesson 2: builds on Lesson 1. Participants identify strategies for communicating their message.
- Lesson 3: builds on the previous lessons by having participants engage in roleplaying and communicate where they draw the line.
- Lesson 4: highlights how to handle high-pressure situations and use effective communication skills.
- Lesson 5: discusses the role that friends play in respecting the line. Roleplay scenarios are used to practice showing respect for another person’s limits.

Puberty/Anatomy - ETSU Peds

6.HGD.2 Summarize the human reproduction cycle.

6.HGD.3 Explain that puberty and physical development can vary among individuals.

6.HGD.4 Understand the changes that occur during puberty and adolescence (e.g., growth spurts, peer influence, self- confidence, mood swings).

6.HGD.6 Define teen pregnancy.

6.HGD.9 Define sexual abstinence as it relates to pregnancy prevention.

6.HGD.10 Identify and define common sexually transmitted pathogens.

6.HGD.12 Define human immunodeficiency virus (HIV) and acquired immunodeficiency syndrome (AIDS).

6.HGD.13 Distinguish between safe and risky behavior as related to disease prevention.