


JES Cafeteria Lunch Menu

January 2019

Served Daily:
 Ham or Turkey Sub
 PBJ Packed Lunch
 Chef Salad
 Assorted Fresh Vegetables

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 NO SCHOOL Winter Break	2 Cycle 15 Chicken & Waffles <hr style="width: 50%; margin: 5px auto;"/> Philly Chicken & Cheese Sandwich	3 Cycle 16 Chicken Quesadilla <hr style="width: 50%; margin: 5px auto;"/> Popcorn Chicken	4 Cycle 17 Spaghetti w/Breadstick <hr style="width: 50%; margin: 5px auto;"/> Grilled Chicken Sandwich	
6	7 Cycle 18 Bacon Cheeseburger <hr style="width: 50%; margin: 5px auto;"/> Fish Filet Sandwich	8 Cycle 19 Frito Chili Cheese Bowl <hr style="width: 50%; margin: 5px auto;"/> Chicken Patty Sandwich	9 Cycle 20 Sweet & Sour Meatballs on Rice <hr style="width: 50%; margin: 5px auto;"/> Chicken Pot Pie	10 Cycle 1 Biscuit & Gravy w/Sausage & Egg <hr style="width: 50%; margin: 5px auto;"/> French Toast w/Sausage & Egg	11 Cycle 2 Soft Shell Tacos <hr style="width: 50%; margin: 5px auto;"/> Grilled Chicken Wraps	12
13	14 Cycle 3 Pizza <hr style="width: 50%; margin: 5px auto;"/> Corn Dog	15 Cycle 4 Cheesy Breadsticks w/Marinara Sauce <hr style="width: 50%; margin: 5px auto;"/> Chicken Fried Steak w/Roll	16 Cycle 5 Popcorn Chicken <hr style="width: 50%; margin: 5px auto;"/> Italian Meatball Sub	17 Cycle 6 Hamburger <hr style="width: 50%; margin: 5px auto;"/> Pizza	18 Cycle 7 Hot Dog <hr style="width: 50%; margin: 5px auto;"/> BBQ Rib Sandwich	19
20	21 NO SCHOOL	22 Cycle 8 Chicken Nuggets w/Roll <hr style="width: 50%; margin: 5px auto;"/> Toasted Cheese Sandwich	23 Cycle 9 Soft Shell Chicken Fajita <hr style="width: 50%; margin: 5px auto;"/> Taco Soup & Corn Chips	24 Cycle 10 Asian Chicken w/Rice & Egg Roll <hr style="width: 50%; margin: 5px auto;"/> Lasagna Roll Up w/Breadstick	25 Cycle 11 Mini Corn Dogs <hr style="width: 50%; margin: 5px auto;"/> Pizza	26
27	28 Cycle 12 Walking Tacos <hr style="width: 50%; margin: 5px auto;"/> Chicken Fajita Soup w/Corn Chips	29 Cycle 13 Chicken Alfredo w/Breadstick <hr style="width: 50%; margin: 5px auto;"/> Buffalo Grilled Chicken Sandwich	30 Cycle 14 Chicken Nuggets w/Roll <hr style="width: 50%; margin: 5px auto;"/> Toasted Cheese Sandwich	31 Cycle 15 Chicken & Waffles <hr style="width: 50%; margin: 5px auto;"/> Philly Chicken & Cheese Sandwich		