



# 2020 EVENT INFORMATION

OPENPhysEd.org

## **OPEN National Field Day Equipment List**

- 6 Large Socks (to create sock balls)
- 1 Laundry Basket (or bucket)
- 6 Medium to Large Plastic Bowls
- Paper (to keep tally points)
- Pencil or Pen
- 6' Ladder
- 1 Empty Water Bottle
- Oversized T-Shirt, Shorts, and a Hat
- 10 Plastic Cups
- Clock or Stopwatch
- 1 Coin
- 2 Paper Plates (or cardboard to use as a fan)
- 3 Balloons
- 1 Ping Pong Ball (can use a small balloon)
- 10 Clothing Items
- 1 Kitchen Spatula
- 1 Plastic Container Lid
- 5 to 10 Pairs of Shoes
- 2 1-Gallon Milk Jugs
- 3 to 6 Sheets of Paper (for making airplanes)
- Scavenger Hunt Worksheet
- 1 Medium-sized Bucket
- 1 Plastic (Tupperware) Container
- 1 Spoon
- 1 Small Object that Fits in Spoon
- 1 Large Towel
- Music Player and the new [Song 20 Seconds or More](#)  
(*Doug E Fresh and Hip Hop Public Health*)