

SULPHUR SPRINGS

PHYSICAL EDUCATION

Coach Fox and Coach Qualls

Class Procedures

1. **Assigned Areas:** Students are expected to stay with the teacher and class in the gym. If you need to leave for any reason, you must check with the coach first. NO ONE should be in the locker rooms without permission.
2. **Class Procedures:** Once students enter the gym, they will begin walking laps until the jogging portion of the warm up is signaled by a coach.
3. **Proper Dress:** Students are expected to wear tennis shoes to gym class. If a student wears improper footwear they will sit out, be given an assignment, and points will be deducted. NO GUM or CANDY allowed in the gym!
4. **Equipment:** Use the equipment properly when the coach instructs you to do so. Do not touch any equipment that is out unless you are directed to do so.
5. **Sickness Policy:** It is assumed that if you are well enough to be at school, then you are well enough to participate in P.E. If a student has any special medical problems that limit him or her from physical activity or a medical reason to be excused from P.E., you must bring a note from the doctor. After four or more parent notes to sit out, the students' grade will automatically drop to an S. Eight or more parent notes will result in an N for the semester grade.
6. **Coaches Office and Equipment Rooms:** The coaches' office and equipment room are off limits to students unless permission is given. Please knock if

you need to speak with a coach in the office. The use of the coach's phone is only for athletes in season and by permission only.

7. Respect for coaches and a classmate is expected at all times.

Misbehavior in any form will not be tolerated. You are responsible to treat your classmates, as you would want to be treated.

8. Grading Procedure: In grades 5-8, the P.E. grade is divided into four parts and each of these four parts will be averaged for the students' final grade.

(1) **Dress (25%):** Five points will be deducted for any day that improper shoes are worn or for gum.

(2) **Participation/Attitude (25%):** Five points will be deducted for any day for misbehavior, disrespect, bad attitude, or not participating. (Unless student has a note from home)

(3) **Skill (25%):** At least one skills test will be given per grading period covering the unit of study.

(4) **Written (25%):** Grades fifth through eighth will have written tests.

In grades K-4, the P.E. grade is divided into two parts and these will be averaged for the students' final grade.

(1) **Dress (50%):** Five points will be deducted for any day that improper shoes are worn or for gum.

(2) **Participation/Attitude (50%):** Five points will be deducted for any day for misbehavior, disrespect, bad attitude, or not participating. (Unless student has a note from home)

The final grades will be posted as an **E**, **S**, or **N**.

You may reach Coach Fox or Coach Qualls at 423-753-1140, foxj2@wcde.org, or quallsb@wcde.org.

Sulphur Springs webpage: www.wcde.org/sspe